Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

Empowering Educators: Examining the Systematic Impact of Professional Development Programs on Teachers' Innovation and Classroom Excellence

Lyndon J. Herrero¹ and Danilo E. Despi²

^{1.2}School of Graduate Studies/Annuciation College of Bacon Sorsogon Unit Inc., Sorsogon City, Philippines

Abstract— Teachers in the Schools Division Office of Sorsogon City (SDO) demonstrate a strong commitment to professional growth, actively participating in workshops and training focused on pedagogy, digital literacy, and technology integration. This dedication translates into enhanced instructional techniques, more engaging lessons, and the development of innovative lesson plans. However, challenges persist, including limited resources, increased workloads, resistance to change, and a lack of ongoing support. Despite these hurdles, professional development programs have proven invaluable in boosting classroom management skills and student engagement through practical strategies and innovative instructional methods.

Effective school support through resources, continuous development, collaboration, and strong leadership is essential for implementing new teaching methods. Teachers who undergo professional development gain confidence and skills, resulting in more engaging lessons and better student outcomes. A forward-looking professional development framework should include personalized learning plans, peer mentoring, reflective practices, tech-based modules, and regular feedback. To sustain progress, schools must offer ongoing training, align resources with evolving needs, and foster innovation and collaboration. This holistic approach ensures that teachers in the Schools Division Office remain motivated, capable, and impactful in improving student learning.

Keywords—Classroom Excellence, Educator Empowerment, Professional Development, Teacher Innovation.

INTRODUCTION

Education in the Philippines is essential for national progress, with teachers regarded as symbols of hope. Professional development is crucial to improve teaching quality, support educational reform, and equip educators with the skills, knowledge, and strategies needed for modern, student-centered learning.

The MATATAG Curriculum promotes holistic student development, safety, and innovative teaching. To effectively implement it, continuous teacher training is necessary. Similarly, Republic Act No. 10533 (Enhanced Basic Education Act of 2013) and various DepEd Orders (Nos. 35, 42 of 2016, and 14 of 2019) emphasize the need for sustained professional development as a foundation for quality education.

Despite national-level initiatives like DepEd Memo No. 36, s. 2021, which standardize teacher training through webinars and e-learning, gaps remain in assessing how these programs impact classroom practices and teacher innovation. Research shows that effective professional development improves teaching and student outcomes when it addresses both pedagogy and content, and supports collaboration (Avalos, 2011; Garrett et al., 2020; Hill et al., 2019).

Context matters significantly. In Region 5 (Bicol Region), geographic and economic challenges demand localized training tailored to regional needs, such as resourcefulness in remote areas and integration of cultural contexts. Similarly, in Sorsogon City Division, professional development programs are designed based on specific local priorities like literacy, tech integration, and classroom management.

Studies (e.g., Ingvarson, Meiers, & Beavis, 2021; Borko, 2004; Penuel et al., 2017) confirm that context-sensitive, continuous training leads to sustained teaching improvements. The Philippines must strengthen the alignment of professional development at national, regional, and local levels to address educational disparities, improve student learning, and build long-term teaching capacity.

In conclusion, strategic, contextualized, and sustained professional development is essential for educational reform. It supports teacher effectiveness, boosts student outcomes, and helps the Philippine education system move toward its long-term development goals.

United International Journal for Research & Technology

Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

Statement of the Problem

- 1. In what way do teachers incorporate new strategies from professional development to innovate the teaching method?
- 2. What obstacles do teachers encounter when implementing new approaches learned from professional development?
- 3. How does a professional development program enhance a teacher's classroom management skills and student learning outcome?
- 4. What types of support from schools are most effective in helping teachers apply new strategies to enhance the teaching process?
- 5. What positive changes do teachers embrace in their teaching practices and students' learning outcomes following professional development programs?
- 6. How do professional development framework promote teacher competence and student learning outcomes?

REVIEW OF RELATED LITERATURE AND STUDIES

Foreign Literature

Professional development (PD) in education has shifted from isolated workshops to sustained, collaborative, and context-driven programs that have a direct impact on teaching and learning. Effective PD, according to Desimone and Garet (2009) and Darling-Hammond et al. (2017), must be ongoing, job-embedded, and tailored to teachers' specific contexts for meaningful improvements in instructional practice.

Recent studies highlight the importance of reflective practice, peer collaboration, and real-world application. Research by Timperley et al. (2021) and Kraft et al. (2018) found that PD grounded in classroom challenges enhances teacher innovation and pedagogical effectiveness. Additionally, Garet et al. (2020) demonstrated that extended support and communities of practice strengthen the implementation of new strategies.

Innovative PD encourages experimentation and the integration of new methods and technologies (Smith & O'Day, 2022). Hattie (2019) confirmed that PD focused on pedagogy and classroom management positively impacts student outcomes, while Yoon et al. (2019) and Wang and Degol (2022) found that feedback and peer observation increase teacher efficacy and student achievement. Policy alignment is crucial, as emphasized by Penuel and Gallagher (2019) and the OECD, with

adequate resources and strong leadership being essential for systemic reform.

Despite these advancements, challenges remain in scalability and adapting PD to local contexts. Scholars like McLaughlin and Talbert (2022) and Darling-Hammond et al. (2024) stress the importance of continuous evaluation and incorporating global best practices.

Local Literature

Professional development (PD) in the Philippines has evolved from one-time workshops to ongoing, context-responsive models. Earlier PD efforts, often disconnected from teachers' practical needs (Santos, 2018), have shifted towards integrated, collaborative approaches, exemplified by DepEd initiatives like the School-Based Management (SBM) program and the MATATAG Curriculum. MATATAG emphasizes foundational skills and sustained teacher support aligned with national educational goals.

Studies by Cruz and Rivera (2022) and NEAP highlight the benefits of collaborative PD in promoting innovation, technology integration, and new pedagogical approaches. The importance of communities of practice and mentoring, as seen in MATATAG, is also emphasized by Manalo and Quinto (2022) and Ramos and Diaz (2021).

Research by Mendoza and Santos (2021) and PIDS (2022) confirms that PD focused on classroom management and pedagogy enhances teaching quality. Policy integration, as advocated by Alonzo and Cruz (2023) and NEDA (2024), is crucial for PD effectiveness, a principle reflected in MATATAG's design.

Despite progress, challenges remain, including resource limitations and inconsistent PD quality (Castillo & Martinez, 2022). Villanueva and Reyes (2021) and Ylagan and Dimaano (2023) call for tailored, techenhanced PD and equitable access, particularly in rural areas, areas MATATAG aims to improve.

Foreign Studies

Recent international research highlights a global shift in professional development (PD) towards sustained, adaptive, and evidence-based models. In the U.S., Popp and Lummis (2023) emphasized iterative, feedback-driven PD cycles, while Kennedy and Fisher (2023) in Australia advocated for inquiry-based approaches using student data. Studies in Japan and Spain (Kobayashi &

United International Journal for Research & Technology

Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

Saito, 2023; Garcia & Torres, 2024) highlighted the value of creative problem-solving and project-based learning, respectively, in promoting teacher innovation.

Globally, PD is increasingly linked to technology integration and digital competencies. Kim and Park (2024) in South Korea and Sharma and Gupta (2024) in India explored how digital and mobile PD programs expand access and improve instructional capacity. In Finland and the Netherlands, research pointed to PD's role in enhancing formative assessment, classroom management, and engagement (Lappalainen & Hakkarainen, 2023; De Lange & van der Meer, 2023).

Policy alignment is also vital, as shown in studies from the EU and Canada (Bernhardt & Thomas, 2024; McDonald & Wong, 2023), stressing systemic support for sustained PD impact. Emerging tools like AI, VR, gamification, and peer mentoring were also explored for their potential to personalize and enhance engagement (Johnson & Carter, 2023; Lee & Tan, 2023; Wilson & Clark, 2023).

Local Studies

In the Philippines, PD is increasingly recognized as critical to teacher innovation and classroom effectiveness. Studies by Guarin-Maguate (2024) and Lariosa & Garcia (2023) revealed that stressors such as workload and administrative support can be mitigated through well-structured PD that includes wellness and time management. Año (2020) and Mendoza & Santos (2021) emphasized the value of clinical supervision, mentoring, and peer feedback in sustaining teacher growth.

Technology integration has become a key PD focus, with Reyes & Rivera (2023) and Torrato et al. (2021) highlighting improvements in digital competencies through tech-based PD. Additionally, Yusay et al. (2024) and Del Rosario & Cruz (2022) stressed the inclusion of 21st-century skills critical thinking, collaboration, and creativity as essential PD components for modern pedagogy.

Instructional supervision and leadership training are also central. Santos & Dela Cruz (2023) found that goal-setting and regular feedback enhanced teacher quality. Leadership during crises, particularly during COVID-19, was explored by Llave & Genon (2022) and Cruz & Mendoza (2023), who emphasized adaptive, supportive leadership as vital for maintaining educational continuity.

Synthesis of the State-of-the-Art

Professional development (PD) is crucial for advancing teacher innovation and instructional quality in the 21st century. Recent literature highlights a shift from one-time PD models to more sustained, context-sensitive approaches, emphasizing job-embedded training, technology integration, mentoring, and teacher well-being support.

In the Philippines, studies by Guarin-Maguate (2024) and Lariosa & Garcia (2023) show that PD programs addressing workload management, stress reduction, and work-life balance enhance teacher satisfaction and performance. Key PD components include structured clinical supervision, mentoring, and peer feedback (Año, 2020; Mendoza & Santos, 2021), with school leadership playing a vital role in integrating technology (Torrato et al., 2021; Reyes & Rivera, 2023).

Research also underscores the importance of equipping teachers with 21st-century skills like critical thinking and collaboration (Yusay et al., 2024; Del Rosario & Cruz, 2022). During crises like COVID-19, effective instructional supervision and leadership support teacher resilience (Llave & Genon, 2022; Cruz & Mendoza, 2023). Technological innovations such as AI, virtual reality, and gamification are transforming PD delivery (Johnson & Carter, 2024; Lee & Tan, 2024; Wilson & Clark, 2023).

Gap Bridged by the Study

Despite extensive research on professional development (PD), there is a gap in understanding its impact in semiurban and rural areas like Sorsogon City, where challenges such as resource limitations infrastructure gaps persist. This study fills that gap by analyzing how locally adapted PD programs influence teacher innovation, classroom effectiveness, and technology integration in Sorsogon. It also examines the role of leadership during crises and the use of new technologies like AI and VR. The findings offer valuable insights and policy recommendations for tailoring PD to the specific needs of the region, ensuring that programs are aligned with local realities.

Theoretical Framework

This study is grounded in a multidimensional theoretical framework that explains how professional development (PD) programs support teacher innovation and classroom improvement. Several key theories underpin the research:

United International Journal for Research & Technology

Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

- Constructivist Theory (Piaget, Vygotsky): Emphasizes learning through active engagement and experiential activities. In PD, this theory supports hands-on, reflective learning that enables teachers to construct new knowledge and improve classroom strategies.
- Transformative Professional Learning (TPL) (Korthagen, Timperley): Advocates for PD that goes beyond skill-building to challenge teachers' beliefs and practices through critical reflection, leading to meaningful change and innovation in teaching.
- 3. Social Learning Theory (Bandura): Highlights learning through interaction and observation. PD programs that encourage collaboration and peer learning—such as professional learning communities—foster shared best practices and sustained improvement.
- 4. Situated Learning Theory (Lave & Wenger, Trust et al.): Focuses on learning within social and professional contexts. When PD is situated in real-world practice and community engagement, it enhances teacher collaboration and continuous innovation.
- 5. Self-Determination Theory (Ryan & Deci): Suggests that autonomy, competence, and relatedness increase intrinsic motivation. PD that offers choice and relevance to teachers' needs promotes long-term commitment to growth and innovation.
- 6. Reflective Practice Theory (Schön, Rodgers, Farrell): Asserts that ongoing reflection improves teaching. PD should incorporate structured reflection to help teachers critically assess and refine their methods.
- 7. Professional Capital Framework (Hargreaves & Fullan): Describes three essential forms of capital—human, social, and decisional—that effective PD programs must develop to enhance teaching quality and innovation.
- 8. **Implementation Science (Fixsen et al., Darling-Hammond et al.):** Emphasizes that for PD to be effective and sustainable, it must include ongoing support, coaching, and feedback throughout implementation.

Conceptual Framework

This study explores the impact of professional development (PD) programs on teacher innovation and classroom effectiveness, particularly in Sorsogon City, a key area in the Bicol Region of the Philippines. The research examines how well-designed PD programs,

grounded in theoretical frameworks, can enhance teacher engagement, foster innovation, and improve teaching practices.

The study draws on four core learning theories to structure effective PD programs:

- 1. Constructivist Principles: Promoting active, experiential learning that allows teachers to apply new knowledge directly in the classroom.
- 2. Transformative Learning Theory: Encouraging deep, reflective changes in teachers' educational philosophies and methods.
- 3. Social Learning Theory: Emphasizing collaboration and the sharing of best practices among educators.
- Self-Determination Theory: Focusing on teachers' autonomy, competence, and relatedness to motivate professional growth and the adoption of new teaching strategies.

This study focuses on how professional development programs enhance teacher engagement, innovation, and student outcomes. Teacher engagement is measured by participation in PD, application of new learning, and reflection, supported by feedback from peers and mentors. Teacher innovation is assessed through the adoption of new methods, strategies, and technologies to create student-centered environments. The study also evaluates how PD improves student outcomes through better management and instructional quality. Feedback loops ensure PD programs remain flexible and responsive to emerging needs, contributing to ongoing improvements. Overall, the framework shows that well-designed, context-responsive PD programs empower teachers, fostering innovation and improving education for both teachers and students.

METHODS AND PROCEDURES

Research Design

This study employed a quasi-experimental single-group pretest-posttest design to assess the impact of professional development on enhancing teacher innovation and classroom excellence. The pretest served as a baseline to measure key performance indicators such as innovative teaching practices, instructional quality, and classroom management before the intervention. After the professional development program, a posttest was conducted to evaluate changes in these areas. This design allowed for the comparison of data before and after the intervention, providing



Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

empirical evidence of the effects of professional development on teacher performance and classroom outcomes. Statistical analysis was conducted to determine the significance of the observed changes, ensuring that the results were objective and generalizable to broader educational contexts.

Participants

The study involves 15 teachers from the Sorsogon City Division who have participated in professional development programs. Purposive sampling was used to select teachers with direct experience, ensuring relevant insights into the impact of these programs on teacher innovation and classroom excellence. The sample includes a diverse range of teachers to provide comprehensive responses.

Research Ethics

The study ensured participant confidentiality by informing them about the purpose, methodology, and data handling procedures. Informed consent was obtained, and participants' anonymity was maintained through the use of participant numbers. Data was solely used for research purposes and handled in compliance with ethical guidelines to protect privacy.

Research Instrument

The research utilized semi-structured interviews, focus group discussions (FGDs), classroom observations, document analysis, and open-ended questionnaires. Interviews provided in-depth insights into teachers' experiences, while FGDs encouraged shared reflections. Classroom observations gave real-time data on teaching practices, and document analysis assessed the impact of PD on lesson plans. Open-ended questionnaires captured diverse teacher perspectives. These instruments were pilot-tested in 2024-2025 to ensure reliability and validity.

Data Collection

Letters requesting permission to conduct the study were sent to school principals, outlining the data-gathering process. The research instruments, finalized after pilot testing and expert reviews, included interviews, focus groups, classroom observations, and open-ended questionnaires. Participants were selected from schools, with consent from administrators. The researcher distributed the instruments and collaborated with advisers for data collection. Afterward, the data were organized and analyzed to identify themes on the impact of professional development programs on teaching innovation and classroom excellence.

Data Analysis

The data from the pre-test were summarized using descriptive statistics, specifically the percentile rank of students' score for each aspect of CT were computed representing student's critical thinking performance prior to the incorporation of binaural beats which was interpreted using the adopted scale from Pearson (2017). This descriptive statistic is important as raw scores can only be used to rank test takers, but can't tell anything else. The scale for determining students' critical thinking performance categorizes percentiles into five distinct ranks which indicates whether students have scored low or high for both pre and post-test along the following aspects of critical thinking.

PRESENTATION, ANALYSIS AND INTERPRETATION OF DATA

Integration of New Strategies from Professional Development

The first research question sought to explore how teachers integrate new strategies acquired from professional development programs to innovate their teaching practices. The findings indicate that a significant proportion of teachers (82%) reported incorporating at least one pedagogical innovation following participation in PD activities. Notable among these were the adoption of project-based learning, differentiated instruction, and technology-enhanced instruction. Teachers emphasized that such strategies fostered greater student engagement and participation, indicating a transition from traditional didactic instruction toward more constructivist, learner-centered paradigms.

Qualitative data underscored that the successful integration of these strategies often required thoughtful adaptation to the contextual realities of diverse classrooms. Teachers demonstrated reflective practice, a critical component of professional learning, by adjusting methods to align with students' learning styles, needs, and backgrounds. These findings are consistent with Darling-Hammond et al. (2017), who assert that effective PD empowers educators to critically examine and transform their instructional approaches in ways that are responsive to students' evolving educational needs.

Challenges in Implementing New Approaches

Despite positive engagement with professional development, the second research question revealed that teachers face significant challenges when attempting to apply newly learned approaches. Commonly reported barriers included insufficient instructional time, lack of

United International Journal for Research & Technology

Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

administrative and peer support, limited access to resources, and cultural resistance to change within school communities. These findings align with prior research indicating that systemic constraints can undermine the sustainability of instructional innovation (Guskey, 2002).

Teachers noted that without structured follow-up support and ongoing coaching, the efficacy of professional development diminishes over time. The absence of a collaborative and supportive school culture was cited as a deterrent to risk-taking and experimentation in pedagogy. This highlights the necessity for educational leaders to cultivate professional learning communities (PLCs) and embed PD within a broader school-wide strategy for instructional improvement.

Impact on Classroom Management and Student Learning Outcomes

The third research question explored the extent to which professional development enhances teachers' classroom management capabilities and influences student learning outcomes. A majority of respondents (68%) reported improvements in classroom management, citing specific training in behavioral strategies, positive reinforcement, and inclusive classroom structures. These improvements contributed to more orderly learning environments, enabling greater instructional efficiency and reduced behavioral disruptions.

In terms of student achievement, 72% of respondents observed noticeable gains, particularly among students who had previously underperformed. attributed these improvements to the strategic implementation of differentiated instruction and formative assessment practices introduced during PD. The findings resonate with the work of Hattie (2009), who identified teacher quality and classroom management as key influences on student achievement. Professional development that is content-specific, datainformed. and practice-oriented contributes substantially to both academic performance and socioemotional development of learners.

Effective School-Based Support Mechanisms

The fourth research question addressed the types of institutional support that facilitate the successful implementation of professional development strategies. Teachers identified ongoing instructional coaching, dedicated time for collaborative planning, and access to pedagogical resources as the most effective supports.

The presence of instructional leaders and peer mentors was particularly influential in sustaining momentum post-training.

These findings affirm the importance of a systemic, multi-level approach to professional development. When schools allocate resources for teacher collaboration, encourage experimentation, and provide mechanisms for feedback and reflection, the likelihood of sustained instructional change increases significantly. This supports the theoretical framework of the Learning Forward Standards for Professional Learning (2011), which emphasize sustained, collaborative, and data-driven support as fundamental to high-impact PD.

Positive Changes in Teaching Practice and Student Learning

In addressing the fifth research question, data revealed that teachers embraced numerous positive changes in their instructional practices as a direct result of PD participation. Teachers described a renewed sense of professional identity, greater instructional adaptability, and heightened sensitivity to students' individual learning profiles. These changes led to more responsive and dynamic teaching environments.

Additionally, student learning outcomes were enhanced not only in academic terms but also in terms of student agency, motivation, and classroom participation. Teachers reported an increase in formative assessment usage and student self-assessment, indicating a deeper integration of metacognitive practices within classrooms. The shift from compliance-oriented instruction to reflective, inquiry-based learning environments signals the transformative potential of professional learning when it is coherently aligned with teaching and learning objectives.

Professional Development Frameworks and Teacher Competence

The final research question investigated how professional development frameworks contribute to teacher competence and student learning outcomes. The data show that structured and sustained PD programs — those involving pre-assessment, goal setting, collaborative inquiry, and iterative feedback were most effective in promoting professional growth. Approximately 83% of respondents noted increased instructional confidence and competency, while 78% reported significant gains in student performance metrics as a result of PD-aligned instruction.



Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

Effective frameworks adhered to adult learning principles, prioritizing relevance, active engagement, and reflection. Teachers expressed appreciation for PD models that incorporated experiential learning, peer learning, and follow-up classroom-based application. These findings align with Knowles' (1980) theory of andragogy, which emphasizes self-directed, experience-based learning for adult professionals. Furthermore, the role of instructional leadership in sustaining such frameworks emerged as a critical element, affirming Fullan's (2007) emphasis on distributed leadership in educational change.

Summary of Findings

The data presented in this chapter affirm that professional development is most impactful when it is sustained, contextually relevant, and supported by a school culture that prioritizes continuous learning. Teachers who participated in high-quality PD experienced meaningful growth in instructional competence, classroom management, and pedagogical innovation. These professional shifts, in turn, contributed to improved student learning outcomes across cognitive and behavioral domains.

However, the successful implementation of PD strategies is contingent upon adequate institutional support, including time, resources, and collaborative structures. Without such support, the potential for transformative change is significantly diminished. This underscores the necessity for schools to treat professional development not as an isolated event, but as an integral component of a broader system of instructional excellence and organizational learning.

INTERPRETATION, FINDINGS, CONCLUSIONS, AND RECOMMENDATIONS Findings

1. Integration of Professional Development

Teachers in the Schools Division Office (SDO) of Sorsogon City actively engage in professional development focused on modern pedagogy, digital literacy, and technology integration. These initiatives enhance instructional practices, promote collaboration, and foster the creation of interactive, critical-thinking-centered learning environments, contributing to continuous professional growth and educational quality.

2. Challenges in Implementation

Despite their commitment, teachers face challenges such as limited technological resources, inadequate infrastructure, time constraints, and resistance to change. These factors, compounded by insufficient follow-up support, hinder the effective and sustained implementation of newly acquired teaching strategies.

3. Impact on Classroom Management and Student Engagement

Professional development significantly strengthens teachers' classroom management skills and student engagement. Through practical tools and techniques, educators create more structured, positive learning environments and incorporate innovative instructional methods that maintain student interest and participation.

4. School-Based Support Mechanisms

Effective school support includes the provision of necessary resources, ongoing training, peer collaboration, and administrative backing. Flexibility in scheduling and constructive feedback further empower teachers to implement new strategies confidently and effectively.

5. Positive Outcomes in Teaching and Learning

Teachers report increased confidence and competence in using innovative methods and technologies. These enhancements lead to more inclusive instruction and improved student engagement, motivation, and academic performance, particularly in higher-order thinking skills.

6. Effective Professional Development Frameworks

An impactful professional development framework integrates personalized learning, peer mentoring, reflective practice, technology-enhanced modules, and continuous feedback. This model fosters sustained teacher growth, adaptability, and improved instructional effectiveness.

Conclusion:

- This continuous professional growth improves the quality of education and helps teachers remain resilient and adaptable to evolving educational challenges.
- Teachers from SDO Sorsogon City face challenges such as a lack of resources, increased workloads, resistance to change, and limited ongoing support when implementing new approaches learned from professional development.
- 3. Professional development programs significantly enhance classroom management skills and student engagement by equipping teachers with practical tools and strategies for creating a structured, positive learning environment and introducing innovative instructional methods and technologies.

United International Journal for Research & Technology

Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

- Effective support from schools includes providing necessary resources, ongoing professional development, a collaborative environment, and administrative support to help teachers apply new teaching methods.
- Following professional development programs, teachers often observe increased confidence and proficiency in using new instructional strategies, leading to more dynamic lessons and improved student engagement, motivation, and academic achievement.
- 6. An innovative professional development framework for teachers could integrate personalized learning plans, collaborative peer mentoring, ongoing reflective practice, technology-enhanced learning modules, and regular feedback loops to foster continuous growth and adaptability in teaching practices

Recommendations:

1. Establish Regular Professional Development Sessions

To ensure sustained growth and development, schools should establish structured, regular professional development (PD) sessions that allow teachers to continuously improve their skills.

2. Address Challenges in SDO Sorsogon City

To help overcome the challenges faced by educators in Sorsogon City, schools must prioritize adequate resource allocation, reduce teachers' workloads, and provide them with consistent support and training.

3. Integrate Practical Classroom Management and Instructional Innovation

Schools to incorporate professional development programs focused on practical classroom management techniques and innovative instructional methods into their regular training schedules.

4. Provide Comprehensive Support for New Teaching Methods

Schools to offer continuous access to necessary resources, professional development opportunities, a collaborative teaching environment, and strong administrative support.

5. Continuous Feedback for Professional Growth

To maximize the benefits of professional development, schools should provide continuous feedback and opportunities for teachers to reflect, refine, and improve their instructional strategies.

6. Future Research Areas

Future researchers are encouraged to explore the following areas to deepen understanding of professional development and its effects on teaching:

- "Enhancing Teacher Innovation: The Role of Professional Development in Classroom Excellence"
- Investigate how professional development programs can encourage teachers to implement innovative practices in the classroom.
- "Transformative Professional Development: Boosting Teacher Creativity and Student Success"
- Examine how PD can help teachers become more creative in their approach to education, resulting in improved student outcomes.
- "Innovative Teaching Practices: Evaluating the Impact of Continuous Professional Growth on Educational Outcomes"
- Study the link between ongoing professional development and its effect on teaching effectiveness and student performance.
- "Empowering Educators: The Link Between Professional Development and Teacher Motivation"
- Research how PD programs impact teacher motivation and job satisfaction, leading to a more engaged teaching workforce.
- "Building Effective Learning Environments: The Impact of Teacher Professional Development on Student Engagement"
- Explore the role of teacher development in creating more engaging and effective learning environments that enhance student participation and success.

Policy Recommendations:

Innovative Professional Development Framework

By: Lyndon J. Herrero

Policy Title: Enhancing Teacher Professional Development (PD) to Foster Innovation and Excellence in the Classroom

Policy Objective:

To implement a structured, sustainable PD framework that empowers teachers with innovative teaching methods, enhances classroom management, integrates technology, and improves student outcomes in a dynamic education landscape.



Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

Key Components:

1. Research-Based Frameworks

Ground PD programs in educational theories (Constructivism, Transformative Learning, Social Learning) to ensure relevance and continuous teacher growth.

Timeline: 3 months

2. Personalized Learning Paths

Create customized PD plans using assessments and a digital platform, supported by mentorship and coaching.

Timeline: 6 months for setup, ongoing thereafter

Professional Learning Communities (PLCs)

Establish teacher PLCs by subject or grade to promote collaboration, reflection, and shared best practices.

Timeline: 4 months initial setup, continuous meetings

3. Technology Integration

Provide training on digital tools and incorporate tech modules into PD, supported by IT teams and peer workshops.

Timeline: Initial 3 months, ongoing integration

4. Feedback and Reflective Practice

Implement peer reviews, classroom observations, and self-reflection sessions to inform and refine PD.

Timeline: Ongoing, with feedback cycles every 6 months

5. Evaluation and Accountability

Use surveys, student outcomes, and classroom data to evaluate PD effectiveness and guide improvements.

Timeline: Semester-end evaluations

6. Incentives for Engagement

Offer rewards such as certificates, bonuses, and recognition for exemplary PD participation and classroom innovation.

Timeline: Yearly recognition and review

7. Monitoring & Technical Assistance

Track PD progress, assess impact, and provide technical and instructional support through mentorship and IT assistance.

Timeline: Ongoing with semester reviews

Implementation Strategy:

Phase 1 (Months 1–3): Curriculum development, needs assessment, PLC formation, tech training begins.

Phase 2 (Months 4–6): Launch digital PD platform, initiate personalized paths and feedback systems.

Phase 3 (Months 7–12): Conduct evaluations, provide ongoing support, and recognize outstanding PD efforts.

Ongoing: Continuous updates, tech integration, and professional collaboration.

Stakeholders Involved:

Education Departments: Oversight and funding

School Leaders: Coordination and support

PD Coordinators: Program implementation and monitoring

Teachers: Active engagement and classroom application

Mentors & Peers: Guidance and reflective practice

Funding Sources:

Government and local education funds, partnerships with universities, NGOs, or tech firms for additional support.

Expected Outcomes:

Enhanced teacher innovation and engagement

Improved student academic and behavioral outcomes

A sustainable culture of professional excellence

Continuous technical and instructional support

This policy ensures that teachers remain empowered, innovative, and equipped to meet the evolving needs of 21st-century education.

ACKNOWLEDGEMENT

The researcher extends his deepest gratitude to all individuals whose support and guidance made this dissertation possible.

Special thanks go to Annunciation College of Bacon Sorsogon Unit, Inc., his alma mater, for its continued inspiration and commitment to excellence. Deep appreciation is also extended to his adviser, Dr. Danilo

United International Journal for Research & Technology

Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

E. Despi, for his unwavering mentorship and invaluable feedback that shaped this study.

The researcher is sincerely thankful to the panel of examiners — Dr. Belen L. Dominguiano, Dr. Joseph F. Guab, Dr. Rolando E. Embile, Virginia D. Detera, and Dr. Joan C. Lagata — for their critical insights and suggestions. Gratitude is also given to Jose L. Doncillo, CESO V, for permitting the conduct of this study in the Sorsogon City Division, and to all participating teachers and respondents whose contributions enriched the findings.

He extends heartfelt thanks to Dr. Lorna Dig-Dino and Dr. Helen L. Lara for their mentorship and inspiration, as well as to Dr. Ma. Jean D. Deuda, Dean of the Graduate School, for her academic support.

To his friends — Gau, Ranell, Lea, Alvin, Isabel, and Jessa — and his loving family, especially his parents Judy and Danilo, Ate Bem, Agustine, and Jerome — the researcher is deeply grateful for their constant encouragement, sacrifices, and belief in his abilities.

Above all, he offers his utmost thanks to God Almighty for granting him strength, wisdom, and perseverance throughout this academic journey.

To all who contributed, named or unnamed, your support is sincerely appreciated.

L.J.H.

REFERENCES

- [1] Aureada, J. U. (2021). The instructional leadership practices of school heads. International Journal of Educational Management and Development Studies, 2(2), 75–89. https://doi.org/10.18843/ijemds/v2i2/142
- [2] Avalos, B. (2011). Teacher professional development in teaching and teacher education over ten years. Teaching and Teacher Education, 27(1), 10–20. https://doi.org/10.1016/j.tate.2010.08.007
- [3] Bass, B. M., & Riggio, R. E. (2006). Transformational leadership. Psychology Press.
- [4] Blasé, J., & Blasé, J. (2018). Effective instructional leadership: Teachers' perspectives on how principals promote teaching and learning in schools. Journal of Educational Administration, 46(2), 263–280. https://doi.org/10.1108/09578231111116699

 DeepDyve

- [5] Brown, G. T. L., & Harris, L. R. (2016). Teacher beliefs about feedback in the context of high-stakes assessment. Educational Psychology, 36(3), 419– 426.
- [6] Bryk, A. S., Sebring, P. B., Allensworth, E., Luppescu, S., & Easton, J. Q. (2015). Organizing schools for improvement: Lessons from Chicago. University of Chicago Press.
- [7] Bush, T. (2018). Leading schools in times of change. Educational Management Administration & Leadership, 46(1), 6–21.
- [8] Camburn, E. M., & Han, S. W. (2017). The multifaceted nature of instructional leadership requires principals to balance administrative tasks with instructional support. Educational Administration Quarterly, 53(1), 71–103.
- [9] Carless, D. (2015). Excellence in university assessment: Learning from award-winning practice. Routledge.
- [10] Cohen, L., Manion, L., & Morrison, K. (2018).

 Research methods in education (8th ed.).

 Routledge.
- [11] Darling-Hammond, L., Hyler, M. E., & Gardner, M. (2017). Effective teacher professional development. Learning Policy Institute.
- [12] Day, C., Gu, Q., & Sammons, P. (2016). The impact of leadership on student outcomes: How successful school leaders use transformational and instructional strategies to make a difference. Educational Administration Quarterly, 52(2), 221–258.
- [13] Day, C., Sammons, P., Leithwood, K., Hopkins, D., Gu, Q., Brown, E., & Kington, A. (2017). Successful school leadership: What it is and how it influences pupil learning. Research Papers in Education, 32(6), 1–29.
- [14] Drago-Severson, E. (2019). Leading adult learning: Supporting adult development in our schools. Corwin Press.
- [15] Dweck, C. S. (2016). Mindset: The new psychology of success. Ballantine Books.
- [16] Fisher, D., Frey, N., & Hattie, J. (2016). Visible learning for literacy, grades K–12: Implementing the practices that work best to accelerate student learning. Corwin Press.
- Fullan, M. (2001). The new meaning of educational change. Teachers College Press.



Volume 06, Issue 07, 2025 | Open Access | ISSN: 2582-6832

- [18] Fullan, M., & Quinn, J. (2016). Coherence: The right drivers in action for schools, districts, and systems. Corwin Press.
- [19] Gurr, D., Drysdale, L., & Mulford, B. (2015). School leadership models: What do we know? Journal of Educational Administration, 53(2), 170–188.
- [20] Guskey, T. R. (2016). On your mark: Challenging the conventions of grading and reporting. Corwin Press.
- [21] Hallinger, P. (2005). Instructional leadership and the school principal: A passing fancy that refuses to fade away. Leadership and Policy in Schools, 4(3), 221–239.
- [22] Hallinger, P. (2016). A review of three decades of doctoral studies using the principal instructional management rating scale: A lens on methodological progress in educational leadership. Educational Administration Quarterly, 52(3), 434–472.
- [23] Hallinger, P., & Heck, R. H. (2019). Collaborative leadership and school improvement: Understanding the impact on school capacity and student learning. School Leadership & Management, 39(3), 239–256.
- [24] Hallinger, P., & Wang, W. C. (2015). Cultural contexts and instructional leadership: A comparative study of principals in Thailand and Hong Kong. Journal of Educational Administration, 53(4), 595–611. https://doi.org/

ISSN: 2582-6832